

CURRICULUM VITAE

A PERSONAL DATA

- i. Name: **AFOLABI**, Taofik Oluwasegun
- ii. Date of Birth/ Place: 14th Sept.,1985 / Ile-Ife.
- iii. Gender: Male
- iv. Marital Status: Married
- v. Nationality: Nigeria
- vi. Town: Osogbo
- vii. State of Origin: Osun
- viii. Religion: Christianity
- ix. Contact Address: Department of Physiotherapy, College of Health Sciences, Bowen University, Iwo, Osun State.
- x. Permanent Home Address: 4, Ishola Awodire Close, Off Atinike Str., Igboya, Ile-ife, Osun State.
- xi. E-mail Address/ Telephone No: eriiyanu2017@gmail.com / taofik.afolabi@bowenuniversity.edu.ng +2348062177476

B EDUCATIONAL INSTITUTIONS ATTENDED WITH DATES

<u>Institution</u>	<u>Dates</u>
i. Obafemi Awolowo University, Ile-Ife	2013-2016
ii. Obafemi Awolowo University, Ile-Ife	2004-2009
iii. Seventh Day Adventist Gram. School	1996- 2002
iv SDA Nursery/ Pry School. Ile-Ife	1991-1996

C EDUCATIONAL QUALIFICATIONS OBTAINED WITH DATES

<u>Qualifications</u>	<u>Dates</u>
i. Information & Computer Technology	2017
ii. Masters of Science in Physiotherapy (MSc(PT)	2016
iii. Bachelor of Med. Rehabilitation(B.MR.(PT)	2009

- iv. Senior Secondary Cert. Examination(SSCE) 2002
- v. Primary School Leaving Certificate 1996

D. PROFESSIONAL QUALIFICATION / MEMBERSHIP

- i. Registered Member, Medical Rehabilitation therapist Board of Nig.
- ii Registered member, Association of Clinical & Academic Physiotherapists of Nigeria (ACAPN)

E. WORK EXPERIENCE/ PREVIOUS APPOINTMENTS WITH DATES

<u>Institutions</u>	<u>post</u>	<u>Date</u>
i. State Hospital, Ilesa	Physiotherapist	2016 till date
ii. State Hospital, Iwo	Physiotherapist	2013-2016
iii. Police Clinic, Osogbo	Physiotherapist (Part time basis)	2014 till date
iv. University of Ilorin Teaching Hospital, Intern Physiotherapist		2010- 2011

F. PREVIOUS RESEARCH(ES):

- a. Effect Digital Pressure Magnitude on different somatotypes of low back pain patient: BMR Thesis, 2009
- b. Comparative Effectiveness of Lumbar Stabilisation Exercises and Vertical Oscillatory Pressure in the Management of Patients with Chronic Low Back Pain.(M.Sc Thesis, 2015 and Postal Presentation, KADUNA,2016).
- c. Effect of Interraction of Leptin and Ghelin on somatotyping and pain sensitivity: A Review: 2018.

Conferences/ courses attended:

- a. Workshop of Spine and Orthopaedic Physical Therapy organised by International Continuing Education Network (ICEN) on Evidence –based Management of Patients with Low Back Pain from Classification to Effective Treatment.2011
- b. 55th Edition of Annual Scientific and General Meeting of the Nigeria Society of Physiotherapy held at Lokoja, Kogi State October, 2015
- c. Workshop by Nigeria Society of Physiotherapy, Osun State Chapter, on Medical Imaging for Physiotherapy. August, 2016
- d. 56th Edition of Annual Scientific and General Meeting of the Nigeria Society of Physiotherapy held at Kaduna, Kaduna State. October, 2016

Poster presented titled: Comparative Effectiveness of Lumbar Stabilization and Vertical Oscillatory Pressure in the managements of Chronic Low Back Pain Patient.

- e. Continuing Professional development by Association of Clinical and Academic Physiotherapists of Nigeria May, 2017
- f. 1st Edition of Annual Scientific Conference and General meeting of Association of Clinical and Academic Physiotherapists of Nigeria. October, 2017

Presentation Titled: Comparative Effectiveness of Lumbar Stabilization and Vertical Oscillatory Pressure in the managements of Chronic Low Back Pain Patient.

- g. Workshop on Information and Computer Technology for Public Servant in Osun State. September, 2017

G. PUBLICATION (S)

Taofik Oluwasegun Afolabi, Ogbonna Michael Egwu, **Deborah Aanuoluwapo Afolabi**, Theresa Odunayo Akinola (2018). Comparative Effectiveness Of Lumbar Stabilization And Vertical Oscillatory Pressure In The Managements Of Chronic Low Back Pain Patient. *Medicina Sportiva , vol. XIV no 2, 3045-3053 Journal of the Romanian Sports Medicine Society. Published*

Chidozie Mbada, **Aanuoluwapo Afolabi**, Olubusola Johnson, Adesola Odole, **Taofik Afolabi**, Odunayo Akinola, Moses Makinde (2018). Comparison of StarTBack Screening Tool and Simond Physical Performance Tests Battery in Prediction of Disability Risks Among Patients with Chronic Low Back Pain. *Rehabilitacja Medyczna. Published*

Ayodeji Fabunmi, **Taofik Afolabi**, Segun Agboola (2019). Pattern Of Physical Activity, Pain Intensity, Range Of Motion, And Physical Function Among Older Patients With Knee Osteoarthritis. *Rehabilitacja Medyczna. Accepted for publication.*

Chidozie Mbada, Adesola Odole, Taiwo Godwin, **Taofik Afolabi**, Olubusola Johnson, Opeyemi Idowu, Aanuoluwapo Afolabi, Oyinade Akindele (2019). Translation and Psychometric Evaluation of the Yoruba Version of the STarTBack Screening Tool among patients with long term non specific low back pain. *Journal of musculoskeletal Science and Practice. Manuscript accepted for review*

Taofik Afolabi, Odunayo Akinola, Aanuoluwapo Afolabi (2019). Comparative Effectiveness of Lumbar Stabilization Exercises and Vertical Oscillatory

Pressure in Low Back Pain Managements. Lambert Academic Publishing. ISBN 978-620-0-07978-7. *Published.*

Mbada CE, Akinola TO, **Afolabi TO**, Olulomi GO (2019). Effect of Structured SMS Educational Programmes on Physical Activities and Body Weight Among Nigeria Female Undergraduates. *Manuscript prepared for submission to a peer reviewed journal.*

Adedoyin RA, Akinola TO, **Afolabi TO**, Agoi (2019). Evaluation of Access – Constraint Experienced by Student With Physical Disability in Obafemi Awolowo University, Ile-Ife, Osun State, Nigeria. *Manuscript prepared for submission to a peer reviewed journal.*

Adedoyin RA, Akinola TO, **Afolabi TO**, Adeyeye (2019). Effect of a Home Exercise Program on the Exercise capacity of Patients With Chronic Obstructive Pulmonary disease. *Manuscript prepared for submission to a peer reviewed journal.*

XIX. Major Conferences Attended with Reports and Papers Read:

55th Edition of Annual Scientific and General Meeting of the Nigeria Society of Physiotherapy held at Lokoja, Kogi State October, 2015

Workshop by Nigeria Society of Physiotherapy, Osun State Chapter, on Medical Imaging for Physiotherapy. August, 2016

56th Edition of Annual Scientific and General Meeting of the Nigeria Society of Physiotherapy held at Kaduna, Kaduna State. October, 2016

Poster presented titled: Comparative Effectiveness of Lumbar Stabilization and Vertical Oscillatory Pressure in the managements of Chronic Low Back Pain Patient.

Continuing Professional development by Association of Clinical and Academic Physiotherapists of Nigeria May, 2017

1st Edition of Annual Scientific Conference and General meeting of Association of Clinical and Academic Physiotherapists of Nigeria. October, 2017

Presentation Titled: Comparative Effectiveness of Lumbar Stabilization and Vertical Oscillatory Pressure in the managements of Chronic Low Back Pain Patient.

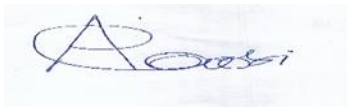
XX. Extra Curricular Activities: Reading, listening to motivational messages and sport activities

H. EXTRAL- CURRICULAR ACTIVITIES: Reading Books, regular involvement in sport such as playing lawn tennis and swimming.

Names of Academic Referees:

1) Dr C.E. Mbada
Senior Lecturer,
Department of Medical Rehabilitation,
Obafemi Awolowo University, Ile-Ife
doziembada@yahoo.com/[+2348028252543](tel:+2348028252543)

2) Dr O. Ojuawo
Senior Lecturer/ Head of Department,
Department of Medical Rehabilitation,
Obafemi Awolowo University, Ile-Ife.
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15/10/2019

SIGNATURE

DATE