

CURRICULUM VITAE

NAME: **AKINRINMADE, Remilekun**

Title: Dr.

SEX Female

DATE OF BIRTH: 23 May 1976

Place of Birth Idepe-Okitipupa

State and Local Government of Origin: Ondo State and Okitipupa Local Government

Nationality: Nigerian

PERMANENT HOME ADDRESS: 1, Isowa Quarters, Iju-Odo, Okitipupa Local Government Area, Ondo State.

Current postal/ Contact address: House G10, H.O. B Housing Estate Akure, Ondo State

E-mail/ GSM: yomrem@yahoo.com/+2348062747572

Marital Status Married

Number of Children (with names and ages): (1) Eunice Funmilayo Akinrinmade; 20 years
(2) Eniola Emmanuel Akinrinmade; 17 years
(3) Ebunoluwa Martha Akinrinmade ; 15 years

Next of Kin: Oluwayomi Akinrinmade

Next of Kin address, email & Telephone Department of Urban and Regional Planning,
Rufus Giwa Polytechnic, Owo,
P. M. B. 1019, Owo, Ondo State.

Institutions attended with Dates:

2016-2019 Kenyatta University, Nairobi, Kenya (January 2016-July, 2019)

2009 –2012 University of Agriculture, Abeokuta. (May 2009-Oct. 2012)

2012-2012	Dietetics Department, Obafemi Awolowo University Teaching Hospital (OAUTH) (January 2012-December, 2012)
1999 – 2005	University of Ibadan, Ibadan. (January 1999-March 2005).
1995 – 1996	Community High School, Araromi Rubber Estate, Ondo State. (September 1995-June 1996).
1998 – 1993	Idepe High School, Okitipupa, Ondo State. WASC/SSCE Ordinary Level (January 1988-June 1993).

Academic Qualification with Dates

PhD in Food, Nutrition and Dietetics (July, 2019)

M.Sc. Nutrition and Dietetics (Oct. 2012)

Internship in Dietetics (December, 2012)

B.Sc. Human Nutrition (March 2005).

WASC/SSCE Ordinary Level (June 1996).

WASC/SSCE Ordinary Level (June 1993)

Professional Qualification with Date

Test of Professional Competency (TOPC) in Dietetics; December, 2012

Membership of Professional Bodies

Member, Nutrition Society of Nigeria. (NSN)

Member, Institute for Dietetics in Nigeria. (IDN)

Working Experience

May 27th 2007- To September 2020: Lecturer I, Nutrition and Dietetics Department, Rufus Giwa Polytechnic, Owo, Ondo State, Nigeria

- Lecturing (National and Higher National Diploma)
- Supervision of students projects
- Research activities

September 2005 – 2006 National Service in Ondo State School of Health Technology, Akure, Ondo State. (NYSC)

- As Tutor; I taught Nutrition and Science – oriented courses at Diploma classes
- As Volunteer; I trained sixty-nine (69) HIV/AIDS PET Volunteers. The program involved participation and motivation of syndicated project groups, seminars and rallies. This was my personal voluntary project which was widely publicized by the Ondo State – based media.

Service to the community

- I formed ‘‘Health Institutions Combat HIV/AIDS’’ as an NGO for training HIV/AIDS Peers Educators and dissemination of HIV/AIDS information.
- I was giving nutrition/dietary talks to the lactating mothers, also as voluntary community services.

RESEARCH WORK AND DISSERTATION

Julius Remilekun (2005): Food habits, Food preferences and Nutritional status of Elderly in Idikan, Ibadan North West L.G.A. Ibadan, Oyo State. (B.Sc. Dissertation, University of Ibadan)

Akinrinmade Remilekun (2012): Assessment of Nutritional status of Acute Stroke Patients Attending State Specialist Hospitals in Ondo State. (M.Sc. Dissertation)

Akinrinmade Remilekun (2019): Effect of Nutrition Education on Caregivers Complementary Feeding Practices and Nutrition Status of Infants: A Cluster Randomised Controlled Trial (Ph.D Thesis)

ARTICLE PUBLISHED IN LEARNED JOURNAL AND CONFERENCE PROCEEDINGS

Akinrinmade R., (2019) In-depth Review of Caregivers’ Nutrition Education Effects on Complementary Feeding Practices in Nigeria. *Scho J. of Food & Nutr.* 2 (3) SJFN.MS.ID.000139.DOI:10.32474/SJFN.2019.02.000139

Akinrinmade R., Eunice. Njogu, Irene. Ogada (2019). Does nutrition education improve complementary feeding practices in Ondo State Nigeria? A cluster randomised controlled trial *Appl. Physio. Nutr. Metab.* Vol. 44. S2

Akinrinmade R., E. Njogu , O. Ogada (2019): Effectiveness of Nutrition Education on Nutrient Intake and Nutrition Status of Infants In Ondo State, Nigeria. *American journal of biomedical science & research* 3(2) Pg. 98-105

- Akinrinmade R.**, E. Njogu , Ogada, and O. Keshinro (2019); Effectiveness of Nutrition Education in Improving Maternal Knowledge and Attitudes towards Complementary Feeding Practices: A cluster-randomized controlled trial in Ondo State, Nigeria. Korean Journal of Food & Health Convergence (KJFHC) vol 5. No 4.1. PP 1-11
- Ogundahunsi GA and **Akinrinmade R*** (2017) Dietary Intake, Anthropometric Characteristics and Clinical Assessment of Elderly in Ondo State, Nigeria; Journal of Nutrition and Health Sciences pg. 1-8
- Akinrinmade R.** (2015); Anthropometric Characteristics of Acute Stroke Patients Attending State Specialist Hospitals in Ondo State. Institute of Dietetics in Nigeria Proceedings of the 44th National workshop/conference. Pg 71-73
- Akinrinmade R.** (2015); Effect of Mothers' Hygiene Practices on Anthropometric Characteristics of Their Under-Five Children. Institute of Dietetics in Nigeria Proceedings of the 44th National workshop/conference. Pg 71-73
- Akinrinmade, R.** and Omotoye A. C. (2013); Preservatives and Nutritive value of Sun-Dried Tomatoes over the Fresh Tomatoes. "International Journal of Scientific Innovations ", Volume 4, (2) 78-82
- Koleosho A.T., **Akinrinmade R.**, Uloko Mabel., Ehinola., O.M. and Roland-Ayodele M.A. (2013): Consumption of Iron-Rich Foods among Teenage Students In Owo, Nigeria. "IOSR Journal of Pharmacy and Biological Sciences" Vol 5 (3) 45-49.
- Olufemi S.S.(RD), Gbadamosi O. F., **Akinrinmade, R.** and Oladapo A. A(RD) (2013): Infant Feeding Practices and Prevalence of Iron Deficiency Anaemia Among Children of 0-5Years in Ondo State,Nigeria. IOSR Journal of Pharmacy and Biological Science.Vol.5 (3) 34-39.
- Akinrinmade, R.**, Olufemi S.S., Oladapo A. A and Omotoye A. C. (2012): Production and Quality Assessment of Soygarri Blends. "International Journal of Research in Biological Science", Volume 4, (2) 56-61.
- Oladapo, A. A., Olufemi, S. S and **Akinrinmade, R.** (2011): Assessment of Body Mass Index and Food Habits of Lactating Mothers in Selected Hospitals in Ilaje Local Government Area of Ondo State. "Journal of Sc. Food and Hospitality." Vol.2 (1) 46-49.
- Mustapha, R. A., Opawale B.O., **Akinrinmade, R.**, Koleosho, A. T and Ogbonna O. C. (2011): Assessing Nutrients Intake, Socio-Economic and Nutritional Status of HIV/AIDS. "Journal of Sc. Food and Hospitality." Vol.2 (1) 64-70.
- Olufemi S.S. and **Akinrinmade R.** (2010): Identifying Foods causing Allergies/Intolerances among Diabetic Patients Attending State Specialist Hospitals, Akure. "Nigerian Journal of Nutrition Sciences". Vol 31 (1) 69-73.

ARTICLE ACCEPTED IN LEARNED JOURNAL

Olayiwola I.O., Akinrinmade R., Afolabi W.A.O. and Sanni S.A. “Nutritional status and socio-economic condition of acute stroke patients attending state specialist hospitals, among the Yorubas in South-West Nigeria”. ” IOSR Journal of Humanities and Social Sciences ”

CONFERENCES/ WORKSHOPS ATTENDED WITH DATE

National Workshop on Space Technologies and Health; 17th-20th May 2021: University Of Medical Sciences Laje Road, Ondo City, Ondo State

Improving Nutrition Intervention Outcomes in Nigeria Through Evidence-Based Nutrition Data Generation and Dissemination: 15th-20th November, 2020. Nutrition Society of Nigeria, Annual General Meeting and Scientific Conference, Kaduna

The Role of Dairy Nutrition during Adolescence in Supporting Optimum Growth and Development in Early Life. April 1, 2020 (Online Attendance) Organised By Institute for Dairy Nutrition and Health, Friesland Campina

Dietary Management of Cancer In Pre and Post Chemotherapy. 27th July, 2017 at Odua Auditorium, EKSU, Ado-Ekiti, Ekiti State

Nutritional Management of Pre- and Post Surgical Patients. 3rd-5th, June 2015. Owo, Ondo State

Standardisation of Dietary Management of Diabetes Mellitus In Nigeria 28th-30th June, 2015. Ibadan Oyo State

Overweight and Obesity in Nigerian Children; Dietary Intervention. 5th-8th November 2014. Lokoja, Kogi State

Achieving Optimum Nutrition for Mother and Child In The Developing World. 9th-10th July, 2014. Ado-Ekiti, Ekiti State

Nutrition Support in Nigerian Hospitals, Challenges and the way forward by Institute For Dietetics in Nigeria. 30th November 2012, Abuja

1ST International Conference on Interdisciplinary Cooperation: A Panacea to Food Insecurity. 7th – 10th February, 2011 Rufus Giwa Polytechnic Owo, Ondo State.

2ND Federation of African Nutrition Society (FANUS) International Conference, 13th- 15th . September, 2011, Abuja

Food and Health in a Depressed Economy by Nutrition Society of Nigeria (NSN) 22nd – 25th September, 2009, Akure, Ondo State

SKILLS PROFILE

- COMMUNICATION:** Good communication and interactive skills gained from programs handling, participation and training.
- TEAM WORK:** I earned good team spirit and ability from working on team projects during my university degree program and my participation in UNICEF/NYSC HIV/AIDS Peer Educator Training (PET) Program (Sept. 2005)
- LANGUAGE SPOKEN:** English and Yoruba
- COMPUTER KNOWLEDGE:** Good Working knowledge of Word Processing and Excel Packages.
- ACHEIVEMENT:**
- (1) Winner TETFUND Staff Training Scholarship, 2009/2010
 - (2) Winner TETFUND Research grants 2013/2014
 - (3) Winner TETFUND Staff Training Scholarship 2014/2015
 - (4) Member Ondo State Committee on Food and Nutrition. I was one of the members that prepared the proposed State Policy on Food and Nutrition in February 2013.
 - (5) Co-author “Ondo State Strategic Plan of action for Nutrition 2017-2021”
 - (6) Resource Person to Ondo State Women in Agriculture for presenting a proposal on “Utilization of High Quality Cassava Flour” in April 2013.

REFEREES

Prof. Oluremi.O Keshinro
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