

# OLAITAN Oluwasiji Olabisi

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## Personality Statement

I am enthusiastic and a team player who can work with or without supervision to achieve goal. I have interest in caregiving, promoting consumption of quality diets for healthy life and wellbeing of neonle

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Postal code: 200213

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## I Biodata

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| a. | Date of Birth:    | 4th October, 1986 |
| b. | Marital Status:   | Married           |
| c. | State of Origin:  | Osun              |
| d. | Local Government: | Boluwaduro        |
| e. | Nationality:      | Nigeria           |

## II. Qualifications (with dates)

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|----|--|------|
| a. | M.Sc. (Human Nutrition) -                                  | 2016 |
| b. | B.Sc. (Agricultural Biochemistry & Nutrition) -            | 2012 |
| c. | National Diploma (Animal Health & Production) -            | 2008 |
| d. | West Africa Senior Secondary School Certificate (WASSCE) - | 2006 |
| e. | Primary leaving Certificate -                              | 1997 |

## Care Qualifications

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|-----|---|--------|
| i.  | Certificate in Nursing Studies -Patient Care and Hygiene -Revised 2018<br>(Online Course by Alison) | - 2022 |
| ii. | Diploma in Introduction to Caregiving (Online Course by Alison)                                     | - 2022 |

## III. Institutions attended (with dates)

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|----|--|-----------|
| a. | University of Ibadan   | 2014-2016 |
| b. | University of Ibadan   | 2009-2012 |
| c. | Federal college of Animal Health & Production Technology, Ibadan | 2006-2008 |
| d. | Methodist Grammar School, Elekuro, Ibadan                        | 1997-2003 |
| e. | St's. Patrick Primary School, Idikan, Ibadan                     | 1991-1997 |

#### IV. Work Experiences

- Assistant Lecturer (Nutrition & Dietetics) 2018 till date  
Nutrition & Dietetic Units, Department of Food Science & Technology  
Wesley University, Ondo, Nigeria.

**Tasks performed:** Teaching Nutrition & Dietetics courses, Supervising nutrition & dietetic researches & Community services (Course Adviser, Exam and timetable coordination for my college & other assigned duties).

- Adjunct Lecturer (Human Nutrition) 2017 till date  
School of Midwifery, Kishi, Oyo State, Nigeria.  
College of Midwifery & Nursing, Eleyele, Ibadan, Oyo State, Nigeria

**Tasks performed:** Teaching nutrition course to Nursing & Midwifery students

- Research Assistant (Fruggie Project) 2021  
Consumption Study on Fruits and Vegetables in Nigeria and Vietnam.  
Department of Human Nutrition & Dietetics, University of Ibadan, Nigeria.

**Tasks performed:** Enumeration for House listing, Assessment of household dietary pattern, dietary intake and nutritional status using HHQ, DDQ, 24 hour dietary recall and anthropometric measurement, & Coupon delivery in four different control and intervention communities

#### V. Professional Qualifications and Diplomas (with dates):

- Certificate on Hand-on Training on STATA-Medical Education Partnership Initiative in Nigeria (MEPIN) 2022  
University of Ibadan, Nigeria.
- Improving the Quality and Reliability of Food Composition in Africa by FAO and AFROFOODS 2019
- How to Publish in an International Nutrition Journal 2019
- Application of Spectrophotometry in Biomedical and Biological Research- 2019
- Diploma in Desktop Publishing 2004  
(Goldnet International Institute of Computer Science and Technology, Ibadan, Oyo State, Nigeria)

#### VI. Computer skills

- Proficient in the use of software tools such as;  
Food Processor (ESHA), WHO anthro & anthro plus, STATA, SPSS, Microsoft words, excels, power points, Corel draw,

#### VII. Scholarships, Fellowships and Prizes (with dates) in respect of Undergraduate and Postgraduate work only)

- **Best Abstract submitted (Postgraduate)- iResearch 2019**  
Presented by; College Research & Innovation Management  
College of Medicine, University of Ibadan, Ibadan.  
Date of award receipt: 12th September, 2019
- **Postgraduate College International Conference Grant**  
Presented by; The Postgraduate College, University of Ibadan, Nigeria.

**VIII. Honours, Distinctions and Membership of Learned Society:**

- Nutrition Society of Nigeria

Membership No: NSN/F/17/1383

**IX. Publications**

1. **Olaitan, O.O.** and Egbase, M.O. (2022). Nutrition Knowledge, Nutritional Status and Lifestyle of Athletes in Ondo Town, Ondo State, Nigeria. Accepted for Publication in *Nigerian Journal of Nutritional Sciences* vol. 43(*in press*)
2. Akinmoladun, O.F., Oluyede, O.J., Femi, F.A., **Olaitan, O.O.** and Nesamvuni, C.N. (2021). Association between Nutrition Knowledge, Lifestyle, Dietary Practices and Nutritional Status among Civil Servants in Western Nigeria. *African Journal of Food, Agriculture, Nutrition and Development*; 21(10):18824-18838.
3. Okolosi, J.E, Fadupin, Grace T. and **Olaitan O.O.** (2021). Nutritional Status, Dietary Diversity and Infertility among Infertility Impaired Women in Ibadan, Nigeria. *Nigerian Journal of Nutritional Sciences*; 42(2):96-105.
4. Fadupin, G.T., **Olaitan, O.O.**, Itasanmi, E.T. and Okolosi, J.E. (2020). Breastfeeding Knowledge and Factors associated with breastfeeding initiation among Post-partum Mothers in Selected Areas in Ibadan, Nigeria. *African Journal of Biomedical Research*, 23(2020):283-288
5. Olanrewaju, O.I., **Olaitan, O.O.**, Roland-Ayodele, M.A.and Umeaku, P.O. (2020). Blood pressure patterns, stress assessment and anthropometric characteristics of health workers in Jos University Teaching Hospital, Jos, Nigeria. *Nigerian Journal of Nutritional Sciences*; 41:2
6. **Olaitan, O.O.**, Olanrewaju, O.I., Akinmoladun, F.O. and Fadupin, G.T. (2020). Central Obesity and Stress- Predisposing Factors to Hypertension among Health Workers in Jos University Teaching Hospital, Plateau State, Nigeria. *Current Research in Diabetes & Obesity Journal* 12(4):555845.
7. **Olaitan, O.O.** (2019). Overweight, Obesity & Dyslipidemia- Predictors of Hypertension among Hypertensive Outpatients visiting Tertiary Hospitals in Nigeria. *Journal of Pharmaceutics and Drug Research*,2(3):96-101
8. **Olaitan, O.O.**, Fadupin, G.T and Adebisi, A.A. (2018). Serum Lipid Profile and Nutritional Status of Hypertensive Outpatients in University College Hospital, Ibadan. *Internal Journal Biochemistry & Physiology*. Vol. 3(2):000125
9. **Olaitan, O.O.**, Adebisi, A.A. and Fadupin, G.T. (2018). Blood Pressure Pattern and Body Composition of Hypertensive Outpatients attending University College Hospital, Ibadan. *Journal of Public Health Catalog* 2018; 1(14):112-119

10. **Olaitan, O.O.**, Fadupin, G.T and Adebisi, A.A. (2018). Dietary Pattern, Lifestyle, Nutritional Status of Hypertensive Outpatients in University Hospital College, Ibadan. *African Journal Biomedical Researches*. Vol. 21 (January, 2018): 29- 36.

**X. Major Conferences Attended with Papers Read**

- 2022 Virtual Agriculture, Nutrition and Health Conference between 27<sup>th</sup>-30<sup>th</sup> June, 2022.
- 2<sup>nd</sup> Edition of Ibadan Public Health Conference organized by the Faculty of Public Health, College of Medicine, University of Ibadan, Nigeria  
Date: 27<sup>th</sup> – 29<sup>th</sup> June, 2022  
Title of Presentation: Dietary Practices and Prevalence of Nausea and Vomiting among Pregnant Women In Ijero Ekiti, South-western, Nigeria.
- World Public Health Nutrition Virtual Conference 2020 organized by The Public Health Association Australia.  
Date: 23rd March – 24th April, 2020.  
Title of Presentation: Diet and Lifestyle Modifications among older adults attending University College Hospital, Ibadan.
- 25<sup>th</sup> Annual Conference of Foundation for African Development Through International Biotechnology (FADIB) at Alex Ekwueme Federal University, Ndufu-Alike, Ebonyi State.  
Date: 3rd-6th November, 2019.  
Title of Presentation: Effects of Heating and its Length on Nutritional Composition and Microbial Properties of Home-made Marugbo (*Clerodendrum volubile*) soup
- 49<sup>th</sup> Annual General Meeting & Scientific Conference of Nutrition Society of Nigeria  
Date: 10<sup>th</sup>-13<sup>th</sup> September, 2019.  
Title of Presentation: Nutrition knowledge, Awareness of Healthy Diets & Lifestyle of Commercial Vehicle Drivers in Ondo Town.
- Innovation for Development by College Research & Innovation Management (CRIM), University of Ibadan.  
Date: 10th-12th September, 2019  
Title of Presentation: Prevalence of Central Obesity and Stress among Health Workers in Jos University Teaching Hospital, Plateau State, Nigeria.
- 4<sup>th</sup> Federation of African Nutrition Societies (FANUS) Conference at Kigali, Rwanda.  
Date: 26th -30th August, 2019  
Title of Presentation: Blood Pressure Pattern, Nutritional Status and Lifestyles of Health Workers in Jos University Teaching Hospital, Jos, Plateau State, Nigeria.

**XI. Number of Students Supervised Till Date:** Thirteen (13) B.Sc. research students

**XII Dissertations of Students Supervised**

- a. Knowledge, Perception, and Intention of Infant and Young Child Feeding among Unmarried Young Adults in Ondo West LGA, Ondo State, Nigeria (ongoing research).
- b. Dietary Pattern, Knowledge and Practice of Risk Factors of Metabolic Diseases among Staff and Students of the Federal Polytechnic Bida, Niger State, Nigeria (ongoing research).
- c. Knowledge, Perception and Dietary Pattern of Overweight and Obese Adults in Ilaje And Okitipupa Local Government Areas of Ondo State, Nigeria (ongoing research).

- d. Nutritional, Functional and Sensory properties of Cookies made from Composite flours of Tignut (ongoing research).
- e. Effect of Household Food Insecurity on Nutritional Status of School Aged Pupils in Olorundara and Osogbo Local Government Areas of Osun State, Nigeria (ongoing research).
- f. Constipation, Physical Activity and Dietary Pattern of Pregnant Women in Alimoho Local Government Area of Ondo State, Nigeria (ongoing research).
- g. Nutrition Knowledge, Dietary Intake and Lifestyle of Commercial Vehicle Drivers in Ondo Town, Ondo State, Nigeria. (completed)
- h. Anthropometric characteristics, blood pressure pattern and stress level of workers in Jos University Teaching Hospital, Plateau State, Nigeria (completed).
- i. Nutritional, Microbial and Sensory Evaluation of Fresh and Rewarmed Home-Made Gbanunu (*Cleridendrum Volubile*) Soup in Ondo State Nigeria (completed).
- j. Nutrition Knowledge, Lifestyle Practices and Dietary Pattern of Athletes in Selected Local Government Areas in Ondo State, Nigeria (completed)
- k. Impact of Covid-19 On Food Security among Type 2 Diabetic Patients (T2dm) Attending General Out-Patient Clinic Of Federal Medical Centre, Owo, Ondo State, Nigeria (completed).
- l. Nutritional Status, Stress and Breastfeeding Pattern among Working-Class Nursing Mothers in Selected Private and Public Institutions in Lagos State, Nigeria (completed).

### **XIII Extra-curricular Activities**

#### **Services to National Bodies**

- Ward Returning Officer (Ibadan North West Local Government Area) 2021  
Oyo State Independent Electoral Commission
- Examiner 2014-2020  
West African Examination Council (WAEC) & National Examination Council (NECO)
- Teacher in Community Government School as Corp member during National Youth Service Corps, Mmiata, Anambra State, Nigeria 2013-2014
- Presiding Officer for Independent National Electoral Commission in Gubernatorial Election of Anambra State, Nigeria 2013

#### **Services to International Bodies**

- RI-MNCH PAPA Surveyor 2021  
World Health Organisation (WHO)  
Oyo State, Nigeria.
- IPDS Microplan Independent Validator/Monitor & Senior Supervisor 2017  
World Health Organisation (WHO)  
Ibadan, Oyo State, Nigeria.

**Name:** Olaitan, Oluwasiji Olabisi

Signature.

